

DO YOU KNOW WHAT COLOR THE AIR IS TODAY?

GOOD - Air quality is considered satisfactory, and air pollution poses little or no risk.

MODERATE - Air quality is acceptable; however, a very small number of people may have a moderate health concern.

UNHEALTHY FOR SENSITIVE GROUPS - Air Alert Issued. People with lung disease, asthma, children, the elderly, and people who exercise outdoors may experience respiratory symptoms.

UNHEALTHY - Air Alert Issued. Everyone may begin to experience health effects. Members of sensitive groups may experience more serious health effects.

Visit www.CleanAirPartnership.info today to sign up to receive air quality alerts via e-mail free of charge.



WHAT CAN YOU DO?

ON AIR ALERT DAYS:

Carpool or take the bus or train. Even if you do it just once or twice a week, you'll reduce traffic congestion and pollution...and save money.

Bring your lunch to work or walk to a nearby restaurant. If you do have to drive, **skip the drive thru and go inside.** This reduces the amount of time your car is idling, which in turn reduces the amount of wasted gas and air pollution your car is emitting.

Schedule your day to avoid driving during peak traffic times. This will keep you from being stuck in frustrating traffic, and will reduce pollution.

Cut out the lawn mowing. Lawn mowers create a lot of Middle Tennessee's air pollution. Water and fertilize less to slow lawn growth. Also, consider limiting grassy areas and adding some variety to your yard with native plants and ground covers.

Refuel when it's cool. Gasoline vapor escapes into the air during refueling. Ozone concentrations are usually at their highest in the mid- to late afternoon, so it helps to refuel when it's cooler and ozone production has tapered off.

ALL YEAR LONG:

Try trip chaining. Combine errands and reduce or postpone trips in your car. Making one trip in the car to take care of several errands will help conserve gas and reduce pollution.

Stop at the click. Spilled gasoline from over-filling automobile gas tanks contributes to ozone air pollution. Stopping at the "click" - the pump's automatic shutoff - reduces spills and evaporation.

Care for your car. Regular maintenance and tune-ups, changing the oil, and checking tire inflation can improve gas mileage, extend your car's life, reduce traffic congestion due to preventable breakdowns, and can reduce your car's emissions by up to 50%.

Drive smart. Accelerate gradually, use cruise control on the highway, and obey the speed limit.